



DOT Medical Clearance Request

Attention Deficit Disorder / Attention Deficit Hyperactivity Disorder (ADD/ADHD)

In accordance with Federal Motor Carrier Safety Administration (FMCSA) guidelines, we respectfully request your professional opinion regarding this driver's ability to safely operate a commercial vehicle given their diagnosis of **Attention Deficit Disorder / Attention Deficit Hyperactivity Disorder (ADD/ADHD)**.

PATIENT NAME	DATE OF BIRTH

FMCSA Guidelines — Adult ADD / ADHD

The medical examiner will evaluate this driver's fitness for commercial vehicle operation based on the following FMCSA considerations. Your clinical input regarding the items below is essential to that determination.

Treatment & Stability:

- Whether the driver's treatment has been shown to be adequate, effective, safe, and stable
- Current medication name, dosage, and frequency
- Whether the driver experiences any medication side effects that could interfere with safe vehicle operation, including sedation, impaired coordination, or mood instability
- Whether the driver is taking any other medications that may interact with their stimulant medication, particularly **opioids or benzodiazepines**

Functional Considerations:

- Whether the nature and severity of the driver's ADD/ADHD diagnosis is likely to interfere with the ability to safely operate a commercial motor vehicle
- Whether the driver has any co-occurring conditions such as antisocial or borderline personality disorder, or a history of substance use disorder, which are commonly associated with adult ADD/ADHD
- Whether the driver demonstrates age-appropriate levels of attention, impulse control, and judgment sufficient for the demands of commercial driving

The following findings are disqualifying under FMCSA regulations:

- Treatment side effects that interfere with safe vehicle operation
- Active psychosis of any kind
- Substantially compromised judgment or decision-making ability
- Prominent attentional difficulties that would impair driving safety
- Suicidal behavior or ideation
- Personality disorder repeatedly manifested by overt inappropriate acts

Commercial Driver Physical Demands

Commercial motor vehicle operation places substantial physical demands on drivers that extend well beyond the act of driving. Drivers are routinely required to load and unload cargo, couple and uncouple trailers requiring full range of motion to climb, grip, and pull, lift and install tire chains weighing between 35 and 90 pounds, and tarp open trailers requiring lifting motions of 50 to 100 pounds — often after extended periods of sitting without a stretching period. In addition to these labor demands, drivers must maintain sustained perceptual alertness, control an oversized steering wheel, operate manual transmissions, maneuver large vehicles in confined spaces, and safely enter and exit the cab, which is physically comparable to climbing a ladder. These combined physical and cognitive demands should be carefully considered when determining this driver's fitness for commercial driving duties.



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Provider Certification

- ☐ **CLEARED** — The driver meets the above requirements and in my clinical opinion is medically cleared to safely operate a commercial motor vehicle.
- ☐ **NOT CLEARED** — The driver does not meet the above requirements and in my clinical opinion cannot safely operate a commercial motor vehicle at this time.
- ☐ **CLEARED WITH DISCRETION** — The driver does not meet one or more guidelines; however, in my clinical opinion the driver is safe to operate a commercial motor vehicle for the following reason(s):

PROVIDER NAME (PRINT)

SPECIALTY / TITLE

DATE

PROVIDER SIGNATURE

ADDRESS (CITY, STATE, ZIP)

PHONE / FAX

This form must be completed and signed prior to the scheduled examination date. A physician office stamp is strongly recommended to validate the authenticity of this document. Incomplete or unstamped forms may delay the certification process. Thank you for your cooperation in supporting the safe operation of commercial motor vehicles on our nation's roadways.

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