



DOT Medical Clearance Request

Traumatic Brain Injury (TBI) / Concussion

In accordance with Federal Motor Carrier Safety Administration (FMCSA) guidelines, we respectfully request your professional opinion regarding this driver's ability to safely operate a commercial vehicle given their history of **Traumatic Brain Injury (TBI) / Concussion**. The medical examiner will use your clinical input to determine whether this driver's condition and treatment are unlikely to interfere with the ability to safely operate a commercial motor vehicle.

PATIENT NAME	DATE OF BIRTH

FMCSA Guidelines — Traumatic Brain Injury (TBI) / Concussion

Note: Per the 2024 FMCSA Handbook, TBI is evaluated on a case-by-case basis. The nature and severity of cognitive, psychosocial, sensory, and motor function impairment determines certification. Loss of consciousness duration and penetrating vs. non-penetrating injury type are key variables that also affect seizure risk stratification.

For certification, please confirm:

- **Injury type:** non-penetrating (closed head) or penetrating (open head); and whether loss of consciousness occurred and for how long
- Whether the driver has any residual cognitive impairment — including memory loss, reasoning deficits, attention or concentration difficulties, or impaired judgment
- Whether the driver has any residual physical impairment — including motor weakness, sensory deficits, balance or coordination problems, or visual impairment
- Whether the driver has any behavioral or emotional changes — including impulsivity, emotional dysregulation, depression, or anxiety that would impair safe driving judgment
- Whether any seizures have occurred following the TBI; if so, frequency, date of last seizure, current antiseizure medications, and whether a diagnosis of epilepsy has been established
- Treatment has been shown to be adequate, effective, safe, and stable with no medication side effects that would impair safe driving

Post-TBI Seizure Risk Stratification (FMCSA Advisory Criteria):

Injury Type	Seizure-Free Requirement
Non-penetrating, LOC ≤30 min	Low risk — standard seizure criteria apply
Non-penetrating, LOC >30 min or amnesia >30 min	Moderate-to-high risk — seizure-free for 8 years , on or off medication
Penetrating head injury	Moderate-to-high risk — seizure-free for 8 years , on or off medication

The following are disqualifying:

- Any cognitive impairment, judgment deficit, or attention and concentration impairment that would interfere with the safe operation of a CMV
- Any motor weakness, sensory deficit, or coordination impairment sufficient to impair the physical control of a commercial motor vehicle
- Any seizure following the TBI — may constitute a diagnosis of epilepsy and requires meeting seizure-free criteria based on risk stratification above
- Visual impairment that does not meet FMCSA vision standards (20/40 acuity in at least one eye, 70-degree field of vision)
- Behavioral or emotional dysregulation likely to impair safe driving judgment or response to road hazards
- Medication side effects that impair alertness, coordination, or reaction time



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Commercial Driver Physical Demands

Commercial motor vehicle operation places substantial physical demands on drivers that extend well beyond the act of driving. Drivers are routinely required to load and unload cargo, couple and uncouple trailers requiring full range of motion to climb, grip, and pull, lift and install tire chains weighing between 35 and 90 pounds, and tarp open trailers requiring lifting motions of 50 to 100 pounds — often after extended periods of sitting without a stretching period. In addition to these labor demands, drivers must maintain sustained perceptual alertness, control an oversized steering wheel, operate manual transmissions, maneuver large vehicles in confined spaces, and safely enter and exit the cab, which is physically comparable to climbing a ladder. These combined physical and cognitive demands should be carefully considered when determining this driver's fitness for commercial driving duties.

Provider Certification

- ☐ **CLEARED** — The driver meets the above requirements and in my clinical opinion is medically cleared to safely operate a commercial motor vehicle.
- ☐ **NOT CLEARED** — The driver does not meet the above requirements and in my clinical opinion cannot safely operate a commercial motor vehicle at this time.
- ☐ **CLEARED WITH DISCRETION** — The driver does not meet one or more guidelines; however, in my clinical opinion the driver is safe to operate a commercial motor vehicle for the following reason(s):

PROVIDER NAME (PRINT)

SPECIALTY / TITLE

DATE

PROVIDER SIGNATURE

ADDRESS (CITY, STATE, ZIP)

PHONE / FAX

This form must be completed and signed prior to the scheduled examination date. A physician office stamp is strongly recommended to validate the authenticity of this document. Incomplete or unstamped forms may delay the certification process. Thank you for your cooperation in supporting the safe operation of commercial motor vehicles on our nation's roadways. **RoadReadyMed.com**