RoadReadyMed

DOT Medical Clearance Request

Syncope

In accordance with Federal Motor Carrier Safety Administration (FMCSA) guidelines, we respectfully request your professional opinion regarding this driver's ability to safely operate a commercial vehicle given their history of **Syncope**. Per 49 CFR §391.41(b)(8) and §391.41(b)(12) and the 2024 FMCSA Medical Examiner's Handbook, this condition is recognized as effectively disqualifying due to the risk of sudden loss of consciousness or excessive daytime sleepiness that may impair the safe operation of a commercial motor vehicle. The medical examiner requires specialist documentation prior to making a certification determination.

PATIENT NAME	DATE OF BIRTH

FMCSA Guidelines — Syncope

Note: Per the 2024 FMCSA Handbook (§4.13.3.4), syncope is evaluated case-by-case based on the underlying etiology. Vasovagal syncope with a clear, avoidable trigger is treated differently from cardiogenic or neurogenic syncope. The cause must be identified and appropriately managed before certification can be considered.

For certification, please confirm:

- Confirmed etiology of syncopal episode(s) — specify type (vasovagal, cardiogenic, orthostatic, neurogenic, or unknown) and date of most recent event
- Diagnostic workup completed: ECG, Holter or event monitor results, echocardiogram, tilt-table test, and/or neurological evaluation as clinically indicated
- Underlying cause has been identified and is currently being treated or has resolved
- Driver has been recurrence-free for a clinically appropriate interval since the last syncopal episode and since initiation of treatment
- No implantable device (pacemaker or ICD) placed specifically for syncope management unless separately cleared per FMCSA device standards
- Current medications reviewed — no agents with known orthostatic or syncope-inducing side effects at current doses

The following are disqualifying:

- Syncope of unknown etiology — underlying cause has not been identified or workup is incomplete
- Recurrent syncope despite treatment, or any syncopal episode within the past 12 months without a clear benign etiology
- Cardiogenic syncope secondary to an arrhythmia, structural heart disease, or other cardiac cause that is not fully treated or controlled
- Syncope requiring ICD implantation — subject to **separate FMCSA ICD certification standards**
- Neurogenic syncope secondary to a seizure disorder, TIA, or other neurological condition that is independently disqualifying

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Commercial Driver Physical Demands

Commercial motor vehicle operation places substantial physical demands on drivers that extend well beyond the act of driving. Drivers are routinely required to load and unload cargo, couple and uncouple trailers requiring full range of motion to climb, grip, and pull, lift and install tire chains weighing between 35 and 90 pounds, and tarp open trailers requiring lifting motions of 50 to 100 pounds — often after extended periods of sitting without a stretching period. In addition to these labor demands, drivers must maintain sustained perceptual alertness, control an oversized steering wheel, operate manual transmissions, maneuver large vehicles in confined spaces, and safely enter and exit the cab, which is physically comparable to climbing a ladder. These combined physical and cognitive demands should be carefully considered when determining this driver's fitness for commercial driving duties.

Provider Certification

- ☐ **CLEARED** — The driver meets the above requirements and in my clinical opinion is medically cleared to safely operate a commercial motor vehicle.
- ☐ **NOT CLEARED** — The driver does not meet the above requirements and in my clinical opinion cannot safely operate a commercial motor vehicle at this time.
- ☐ **CLEARED WITH DISCRETION** — The driver does not meet one or more guidelines; however, in my clinical opinion the driver is safe to operate a commercial motor vehicle for the following reason(s):

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PROVIDER NAME (PRINT)	SPECIALTY / TITLE	DATE
PROVIDER SIGNATURE	ADDRESS (CITY, STATE, ZIP)	PHONE / FAX

This form must be completed and signed prior to the scheduled examination date. A physician office stamp is strongly recommended to validate the authenticity of this document. Incomplete or unstamped forms may delay the certification process. Thank you for your cooperation in supporting the safe operation of commercial motor vehicles on our nation's roadways. **RoadReadyMed.com**