



DOT Medical Clearance Request

Schizophrenia / Psychotic Disorders

In accordance with Federal Motor Carrier Safety Administration (FMCSA) guidelines, we respectfully request your professional opinion regarding this driver's ability to safely operate a commercial vehicle given their diagnosis of **Schizophrenia / Psychotic Disorders**. The medical examiner requires specialist documentation prior to making a certification determination.

PATIENT NAME	DATE OF BIRTH

FMCSA Guidelines — Schizophrenia / Psychotic Disorders

Note: Per the 2024 FMCSA Handbook (§4.13.3.5), mental disorders — including schizophrenia and psychotic spectrum conditions — are evaluated on a case-by-case basis. The medical examiner must consider whether the condition, or the medications used to treat it, are likely to interfere with the driver's ability to safely operate a CMV.

For certification, please confirm:

- Confirmed diagnosis with DSM-5 classification, date of initial diagnosis, and treating psychiatrist's name and contact information
- Patient is currently under active psychiatric care with stable symptom control for a minimum of 12 months
- No active positive symptoms — no hallucinations, delusions, disorganized thinking, or behavioral dyscontrol in the past 12 months
- Current psychotropic medication regimen with names, doses, and frequency; provider attestation that medications are unlikely to cause sedation, cognitive impairment, or psychomotor slowing at prescribed doses
- No psychiatric hospitalizations, crisis interventions, or medication changes within the past 12 months
- Psychiatrist's clinical opinion that the patient is capable of safely operating a commercial motor vehicle given their current level of functioning

The following are disqualifying:

- Active psychotic symptoms — hallucinations, delusions, disorganized behavior, or impaired reality testing within the past 12 months
- Psychiatric hospitalization or involuntary hold within the past 12 months
- Antipsychotic medications with **significant sedation, extrapyramidal, or cognitive side effects** at current doses that would impair safe vehicle operation
- History of violent behavior, impulsivity, or poor insight into illness that poses a public safety risk
- Non-adherence to prescribed psychiatric treatment or refusal of recommended follow-up care



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Commercial Driver Physical Demands

Commercial motor vehicle operation places substantial physical demands on drivers that extend well beyond the act of driving. Drivers are routinely required to load and unload cargo, couple and uncouple trailers requiring full range of motion to climb, grip, and pull, lift and install tire chains weighing between 35 and 90 pounds, and tarp open trailers requiring lifting motions of 50 to 100 pounds — often after extended periods of sitting without a stretching period. In addition to these labor demands, drivers must maintain sustained perceptual alertness, control an oversized steering wheel, operate manual transmissions, maneuver large vehicles in confined spaces, and safely enter and exit the cab, which is physically comparable to climbing a ladder. These combined physical and cognitive demands should be carefully considered when determining this driver's fitness for commercial driving duties.

Provider Certification

- ☐ **CLEARED** — The driver meets the above requirements and in my clinical opinion is medically cleared to safely operate a commercial motor vehicle.
- ☐ **NOT CLEARED** — The driver does not meet the above requirements and in my clinical opinion cannot safely operate a commercial motor vehicle at this time.
- ☐ **CLEARED WITH DISCRETION** — The driver does not meet one or more guidelines; however, in my clinical opinion the driver is safe to operate a commercial motor vehicle for the following reason(s):

PROVIDER NAME (PRINT)

SPECIALTY / TITLE

DATE

PROVIDER SIGNATURE

ADDRESS (CITY, STATE, ZIP)

PHONE / FAX

This form must be completed and signed prior to the scheduled examination date. A physician office stamp is strongly recommended to validate the authenticity of this document. Incomplete or unstamped forms may delay the certification process. Thank you for your cooperation in supporting the safe operation of commercial motor vehicles on our nation's roadways. [RoadReadyMed.com](https://www.RoadReadyMed.com)