



DOT Medical Clearance Request

Hypertrophic Cardiomyopathy (HCM)

In accordance with Federal Motor Carrier Safety Administration (FMCSA) guidelines, we respectfully request your professional opinion regarding this driver's ability to safely operate a commercial vehicle given their history of **Hypertrophic Cardiomyopathy (HCM)**. The medical examiner will use your clinical input to determine whether this driver's condition and treatment are unlikely to interfere with the ability to safely operate a commercial motor vehicle.

PATIENT NAME	DATE OF BIRTH

FMCSA Guidelines — Hypertrophic Cardiomyopathy (HCM)

Note: Under the 2024 FMCSA Handbook, HCM is evaluated on a case-by-case basis. The diagnosis alone does not automatically preclude certification. The medical examiner will assess the nature and severity of the individual's specific anatomy, symptoms, arrhythmia risk, and sudden death risk. Cardiologist evaluation is strongly recommended.

For certification, please confirm:

- Driver is currently asymptomatic — no chest pain, syncope, exertional dyspnea, or palpitations
- Degree of left ventricular outflow tract (LVOT) obstruction, if any
- No sustained ventricular arrhythmias or history of resuscitated sudden cardiac arrest
- No ICD in place — ICD implantation is disqualifying under FMCSA regardless of underlying condition
- Treatment has been shown to be adequate, effective, safe, and stable
- In your clinical opinion, the nature and severity of this driver's HCM anatomy and presentation is not likely to cause syncope, dyspnea, or collapse while operating a commercial motor vehicle

The following are disqualifying:

- Any symptoms likely to cause syncope, dyspnea, or collapse — especially exertional syncope or near-syncope
- History of resuscitated sudden cardiac arrest or documented sustained ventricular tachycardia
- ICD or ICD/pacemaker combination device in place
- Severe LVOT obstruction with hemodynamic compromise
- High-risk anatomy or clinical profile as determined by cardiologist evaluation
- Medication side effects that impair alertness, coordination, or blood pressure stability

Commercial Driver Physical Demands

Commercial motor vehicle operation places substantial physical demands on drivers that extend well beyond the act of driving. Drivers are routinely required to load and unload cargo, couple and uncouple trailers requiring full range of motion to climb, grip, and pull, lift and install tire chains weighing between 35 and 90 pounds, and tarp open trailers requiring lifting motions of 50 to 100 pounds — often after extended periods of sitting without a stretching period. In addition to these labor demands, drivers must maintain sustained perceptual alertness, control an oversized steering wheel, operate manual transmissions, maneuver large vehicles in confined spaces, and safely enter and exit the cab, which is physically comparable to climbing a ladder. These combined physical and cognitive demands should be carefully considered when determining this driver's fitness for commercial driving duties.



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Provider Certification

- ☐ **CLEARED** — The driver meets the above requirements and in my clinical opinion is medically cleared to safely operate a commercial motor vehicle.
- ☐ **NOT CLEARED** — The driver does not meet the above requirements and in my clinical opinion cannot safely operate a commercial motor vehicle at this time.
- ☐ **CLEARED WITH DISCRETION** — The driver does not meet one or more guidelines; however, in my clinical opinion the driver is safe to operate a commercial motor vehicle for the following reason(s):

PROVIDER NAME (PRINT)

SPECIALTY / TITLE

DATE

PROVIDER SIGNATURE

ADDRESS (CITY, STATE, ZIP)

PHONE / FAX

This form must be completed and signed prior to the scheduled examination date. A physician office stamp is strongly recommended to validate the authenticity of this document. Incomplete or unstamped forms may delay the certification process. Thank you for your cooperation in supporting the safe operation of commercial motor vehicles on our nation's roadways. [RoadReadyMed.com](https://www.RoadReadyMed.com)