



DOT Medical Clearance Request

DVT / Pulmonary Embolism

In accordance with Federal Motor Carrier Safety Administration (FMCSA) guidelines, we respectfully request your professional opinion regarding this driver's ability to safely operate a commercial vehicle given their history of **DVT / Pulmonary Embolism**. Per 49 CFR §391.41(b)(8) and §391.41(b)(12) and the 2024 FMCSA Medical Examiner's Handbook, this condition is recognized as effectively disqualifying due to the risk of sudden loss of consciousness or excessive daytime sleepiness that may impair the safe operation of a commercial motor vehicle. The medical examiner requires specialist documentation prior to making a certification determination.

PATIENT NAME	DATE OF BIRTH

FMCSA Guidelines — DVT / Pulmonary Embolism

Note: Per the 2024 FMCSA Handbook, DVT and pulmonary embolism are evaluated on a case-by-case basis. The medical examiner must assess the etiology, recurrence risk, anticoagulation therapy, and any underlying hypercoagulable state. Anticoagulant medications may also have implications for driver safety due to bleeding risk.

For certification, please confirm:

- Confirmed diagnosis including type (DVT, PE, or both), date of event, and precipitating or identified etiology (provoked vs. unprovoked)
- Current anticoagulation regimen with medication name, dose, frequency, and intended duration of therapy
- Thrombophilia or hypercoagulable workup status — results if completed, or rationale if deferred
- Most recent imaging or lab confirmation of resolution or ongoing clot burden (e.g., repeat venous ultrasound, V/Q scan, or CT-PA if applicable)
- Current functional status — no significant exertional limitations, dyspnea on exertion, or post-thrombotic syndrome impairing lower extremity function
- For chronic anticoagulation: INR or anti-Xa levels within therapeutic range; no recent major bleeding events

The following are disqualifying:

- Active, untreated DVT or PE — anticoagulation not yet initiated or therapeutic level not achieved
- Recurrent unprovoked PE or DVT with **high ongoing recurrence risk** and no clear reversible etiology
- Significant post-PE right heart dysfunction or pulmonary hypertension on echocardiography
- Major bleeding complication from anticoagulation therapy within the past 3 months
- Underlying malignancy or hypercoagulable disorder with unacceptable ongoing thrombotic risk as determined by the treating specialist



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Commercial Driver Physical Demands

Commercial motor vehicle operation places substantial physical demands on drivers that extend well beyond the act of driving. Drivers are routinely required to load and unload cargo, couple and uncouple trailers requiring full range of motion to climb, grip, and pull, lift and install tire chains weighing between 35 and 90 pounds, and tarp open trailers requiring lifting motions of 50 to 100 pounds — often after extended periods of sitting without a stretching period. In addition to these labor demands, drivers must maintain sustained perceptual alertness, control an oversized steering wheel, operate manual transmissions, maneuver large vehicles in confined spaces, and safely enter and exit the cab, which is physically comparable to climbing a ladder. These combined physical and cognitive demands should be carefully considered when determining this driver's fitness for commercial driving duties.

Provider Certification

- ☐ **CLEARED** — The driver meets the above requirements and in my clinical opinion is medically cleared to safely operate a commercial motor vehicle.
- ☐ **NOT CLEARED** — The driver does not meet the above requirements and in my clinical opinion cannot safely operate a commercial motor vehicle at this time.
- ☐ **CLEARED WITH DISCRETION** — The driver does not meet one or more guidelines; however, in my clinical opinion the driver is safe to operate a commercial motor vehicle for the following reason(s):

PROVIDER NAME (PRINT)

SPECIALTY / TITLE

DATE

PROVIDER SIGNATURE

ADDRESS (CITY, STATE, ZIP)

PHONE / FAX

This form must be completed and signed prior to the scheduled examination date. A physician office stamp is strongly recommended to validate the authenticity of this document. Incomplete or unstamped forms may delay the certification process. Thank you for your cooperation in supporting the safe operation of commercial motor vehicles on our nation's roadways. [RoadReadyMed.com](https://www.RoadReadyMed.com)