



DOT Medical Clearance Request

Heart Transplantation

In accordance with Federal Motor Carrier Safety Administration (FMCSA) guidelines, we respectfully request your professional opinion regarding this driver's ability to safely operate a commercial vehicle given their history of **Heart Transplantation**. The medical examiner requires specialist documentation prior to making a certification determination.

PATIENT NAME	DATE OF BIRTH

FMCSA Guidelines — Heart Transplantation

Note: Per the 2024 FMCSA Handbook, heart transplant recipients may be considered for certification on a case-by-case basis. The medical examiner must assess graft function, rejection history, post-transplant vasculopathy risk, and the impact of immunosuppressive therapy on the driver's ability to safely operate a CMV.

For certification, please confirm:

- Date of transplantation and current transplant center; name and contact of managing cardiologist or transplant specialist
- Most recent endomyocardial biopsy result and rejection grade — no acute cellular or antibody-mediated rejection within the past 12 months
- Most recent echocardiogram confirming adequate allograft function — LVEF $\geq 40\%$ with no significant valvular or diastolic dysfunction
- Coronary allograft vasculopathy (CAV) surveillance: most recent angiography or imaging result and CAV classification (none, mild, moderate, or severe)
- Current immunosuppression regimen with medication names, doses, and drug levels within therapeutic range; no major opportunistic infections within the past 6 months
- Driver is asymptomatic — no exertional chest pain, dyspnea, presyncope, or functional limitations affecting ability to perform CMV physical demands

The following are disqualifying:

- Active acute rejection — any episode of **ISHLT Grade $\geq 2R$ cellular rejection** or antibody-mediated rejection within the past 12 months
- Severe coronary allograft vasculopathy (CAV Grade 3) with significant graft dysfunction or hemodynamic compromise
- LVEF below 40% or significant symptomatic heart failure on optimal post-transplant therapy
- Active or recurrent serious opportunistic infection attributable to immunosuppression requiring hospitalization within the past 6 months
- Post-transplant malignancy (e.g., PTLD) that is active or requires treatment incompatible with safe CMV operation



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Commercial Driver Physical Demands

Commercial motor vehicle operation places substantial physical demands on drivers that extend well beyond the act of driving. Drivers are routinely required to load and unload cargo, couple and uncouple trailers requiring full range of motion to climb, grip, and pull, lift and install tire chains weighing between 35 and 90 pounds, and tarp open trailers requiring lifting motions of 50 to 100 pounds — often after extended periods of sitting without a stretching period. In addition to these labor demands, drivers must maintain sustained perceptual alertness, control an oversized steering wheel, operate manual transmissions, maneuver large vehicles in confined spaces, and safely enter and exit the cab, which is physically comparable to climbing a ladder. These combined physical and cognitive demands should be carefully considered when determining this driver's fitness for commercial driving duties.

Provider Certification

- ☐ **CLEARED** — The driver meets the above requirements and in my clinical opinion is medically cleared to safely operate a commercial motor vehicle.
- ☐ **NOT CLEARED** — The driver does not meet the above requirements and in my clinical opinion cannot safely operate a commercial motor vehicle at this time.
- ☐ **CLEARED WITH DISCRETION** — The driver does not meet one or more guidelines; however, in my clinical opinion the driver is safe to operate a commercial motor vehicle for the following reason(s):

PROVIDER NAME (PRINT)

SPECIALTY / TITLE

DATE

PROVIDER SIGNATURE

ADDRESS (CITY, STATE, ZIP)

PHONE / FAX

This form must be completed and signed prior to the scheduled examination date. A physician office stamp is strongly recommended to validate the authenticity of this document. Incomplete or unstamped forms may delay the certification process. Thank you for your cooperation in supporting the safe operation of commercial motor vehicles on our nation's roadways. [RoadReadyMed.com](https://www.RoadReadyMed.com)